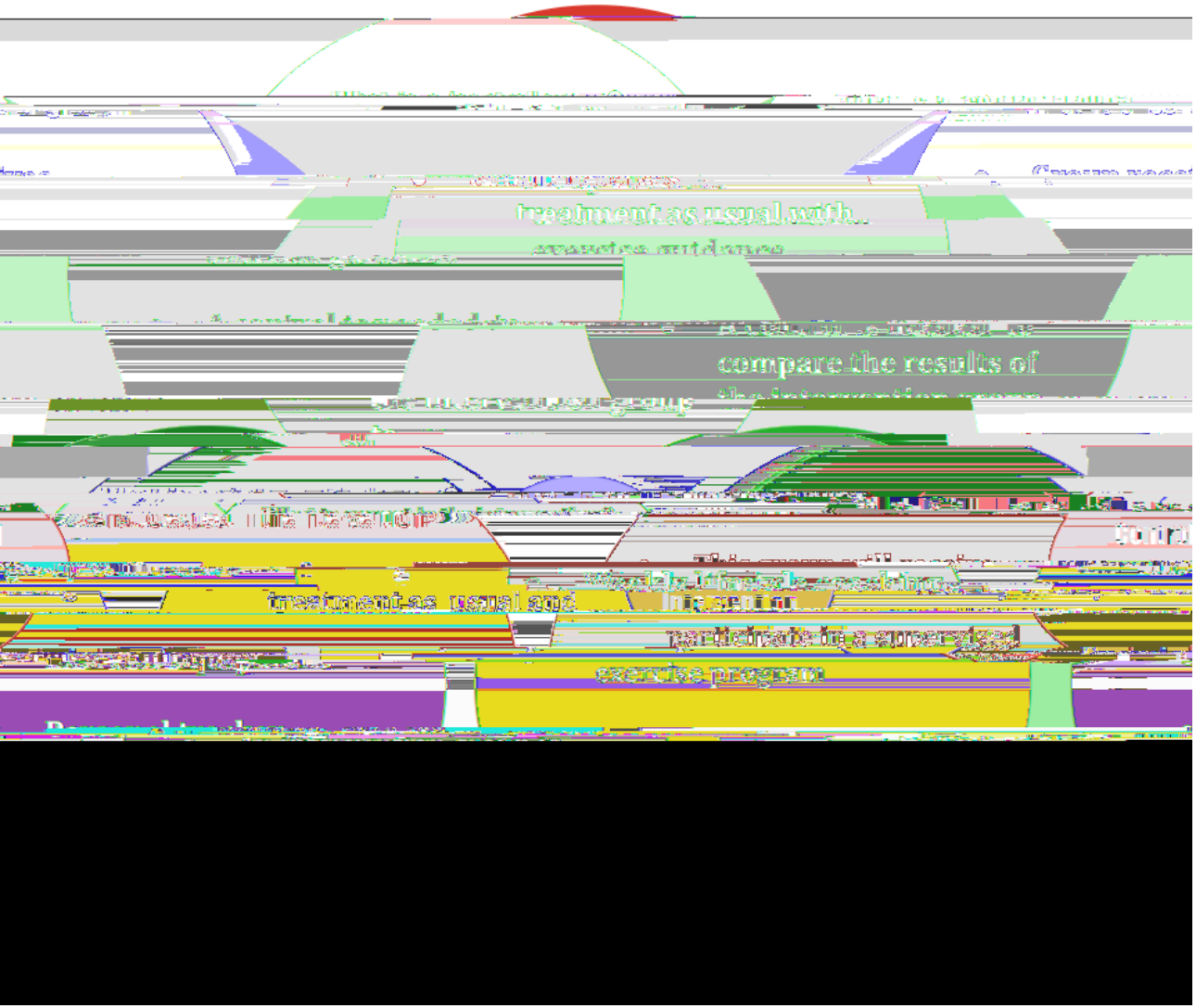
treatment as usual with...
compare the results of
treatment as usual and
participants in a supervised
exercise program