

Rating Scale

0 – Not Demonstrated Question left blank or did not answer the question that was asked; provided irrelevant information or the answer is completely insufficient.

1 – Poor: Minimal detail and insufficient descriptions provided that did not answer the question; may have answered part of the question, but missed a key point or was not comprehensive; answer is unclear.

2 – Fair: Question answered, but optimal answer or plan not clearly demonstrated; answer is acceptable, but lacks some details and specific examples.

3 – Good: The applicant has a comprehensive answer with significant descriptions, relevant details, and clear examples; answer better than average, but not superb.

4 – Excellent Question answered with thorough details and examples; demonstrates a strong understanding of the topic; answer is superb.

Application Part 1: Readiness

Applicant explained why mindfulness-based strategies will be helpful to this school (with data to support answer if available) (Question 1)

- F Not demonstrated (0 points)
- F Poor (1 point)
- F Fair (2 points)
- F Good (3 points)
- F Excellent (4 points)

Applicant explained why this school is the right for this opportunity and addressed how they know it is the right time (year) and that staff and students are ready (Question 2)

- F Not demonstrated (0 points)
- F Poor (1 point)
- F Fair (2 points)
- F Good (3 points)
- F Excellent (4 points)

Applicant described their expectations for this opportunity (Question 3)

- F Not demonstrated (0 points)
- F Poor (1 point)
- F Fair (2 points)
- F Good (3 points)
- F



nctt's mental health

valley youth promoting resilience for all people

Previous training/conferences/workshops identified (Question 5)

(note to reviewer: points not assigned but may weigh into discussion of applications)

- F Yes
- F No

Applicant described how staff participation in mindfulness training and practice will be encouraged incentive example(s) provided. (Question 6)

- F Not demonstrated (0 points)
- F Poor (1 point)
- F Fair (2 points)
- F Good (3 points)
- F Excellent (4 points)

Comments for this section:

Subtotal (add all points for this section): _____

Application Part 2: Roster

Number of staff identified on roster from each grade level.

(note to reviewer: points not assigned but will be a part of discussion of applications)

Elementary: _____

Middle: _____

High: _____

Total: _____

Champion identified

- F Yes (3 points)
- F No (0 points)

Comments for this section:

Subtotal (add all points for this section): _____



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Application Part 3:



ncters mental health

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promoting resilience for illinois

Summary

Total Points for all sections: _____

Application Key Strengths & Weakness:

Other Special Considerations