



Mindfulness Champion Activities Form
 INSERT SCHOOL HERE

*We ask that you fill out this form monthly to help us get a better understanding of what activities are taking place in your school, how we can best support you, and to help share information among schools and with the grant teams. Thank you for your work to lead this initiative!

February	
March	
April	
May	
Summer	
August	
September	
October	
November	
December	
January	

February	
March	



mental health matters

promoting resilience for chippewa valley youth

April	
May	
Summer	
August	
September	
October	
November	
December	
January	

	# of Staff	# of Students	# of classrooms or groups
February			
March			
April			
May			
Summer			
August			
September			
October			
November			
December			
January			



mental health matters

promoting resilience for chippewa valley youth



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October	
November	
December	
January	

February	
March	
April	
May	
Summer	
August	
September	
October	
November	
December	
January	

February	
March	
April	
May	



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Summer	
August	
September	
October	
November	
December	
January	

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